

Children and Young People's Partnership

A meeting of Children and Young People's Partnership was held on Wednesday, 19th October, 2016.

Present: Jane Humphreys, Martin Gray, Cllr Ann McCoy, Janet Mackie, Gemma Clifford, Jane Barker, Jo Heaney Christine Smith (Sub for Catherine Joyce), Catherine Galloway (sub for Alastair Simpson)

Officers: Jane Smith, Dave Willingham, Michael Henderson (SBC)

Also in attendance: Janet Seddon, Carol Weir, Alison Thurston

Apologies: Bev Bearne, Priti Butler, Emma Champley, Alastair Simpson, Lz Boynton, Chris Davis, Natasha Judge, Maryssa O'Connor, Hazel Ducker, Sue Harris

1 **Declarations of Interest**

There were no declarations of interest.

2 **Minutes of the meeting held on 21 September 2016**

The minutes of the meeting held on 21 September 2016 were agreed as a correct record.

Members also noted its Action Tracker and members were asked to provide updates relevant to actions they were responsible for.

3 **School Nursing Services and Family Weight Management Service**

Members received presentations relating to the School Nursing Service and Stockton Family Weight Management Programme.

Members noted

School Nursing Service

- Training and Education topics that had been provided, including smoking cessation, domestic abuse, drugs and alcohol.
- the service provided themed assemblies in partnership with schools.
- improved support - all schools had named Specialist Community Public Health Nurse and a named nurse was provided to 16 - 19 year olds in college.
- improved communication - service promoted at Stockton Information Directory event, school nurses were aligned to GP practices.
- the service was involved in work to help reduce under 18 conceptions.
- Future developments included attendance at youth clubs to provide targeted interventions around sexual health and risk taking behaviour, multi agency risk taking behaviour road show in year 6.
- Safeguarding ran through all the work of the Service.

- the service didn't, currently, receive operation encompass information.

Stockton Family Weight Management

Members noted:

- the key negative effects of obesity i.e. social, health and psychological.
- Costs of obesity to Stockton were around £91m NHS Costs and £201 to the local economy
- that partnership was the key to success and a wide range of services/organisations could improve the situation including local authorities, Transport, Parks and Green Spaces, Primary Care, CCGs, Third Sector.
- that referrals from all partners would be welcomed. Referrals from GPs had been low. Jo Heaney would look to arrange a slot at the GP Time Out event and help to engage with practice nurses.
- society's perception of what was obese/overweight had changed and what would be considered unhealthy, from a clinical point of view, was now considered acceptable in areas of the community.
- school dinners could be looked at locally to see if they were appropriate.
- it was accepted that people had responsibility for their own weight but many people needed to be empowered and supported to make good choices. The Service could help with this.
- the Director of Children's Services indicated that she would send a note to schools, youth service and social work teams highlighting the service.
- individuals and organisations struggled with sensitivities around obesity and this may be an obstacle to referral and engagement. It was important that people had the skills to have the difficult discussions associated with this issue.

RESOLVED that:-

1. the presentations be noted.
2. attempts be made to have the service highlighted at GPs Time Out event and with practice nurses.
3. the Director of Children's Services to highlight the Family Weight Management Service with schools, youth services and social work teams.

4 SEND Area Inspections

Members noted that Hartlepool had recently been subject to a SEND Area Inspection.

A brief overview of outcomes was provided but a more detailed update would be provided to a future meeting.

RESOLVED that the brief update be noted

5 Childhood Obesity Strategy - A Plan for Action

Members received a report that provided the Children and Young People's Partnership with an overview of the recently published 'Childhood Obesity: A Plan for Action' and to provide an update on local progress on the actions identified within the key national document.

The document drew upon best available evidence. Whilst the plan had received a mixed response, it was an acknowledgement of the whole systems approach required to reduce levels of childhood obesity and improve the health and wellbeing of children and young people. The plan identified that further work would need to be undertaken at a local, regional and national level to achieve a reduction in England's childhood obesity levels by 2026.

In Stockton on Tees significant work was underway on a number of the actions identified within the national plan. Much of this work aimed to impact upon individual's behaviour and psychology to prevent or treat obesity. However, there was clear evidence that the provision of such interventions were only one component of an effective strategy to tackle childhood obesity. A sustained 'whole systems' approach was required which joined up the complex influencing factors on obesity and promoted coordinated action across a wide variety of sectors.

Members agreed that the The Phunky Foods programme which encouraged schools to meet the voluntary school food standard was important and needed to be promoted. The impact of this programme would be monitored.

Advertising of unhealthy foods was raised as an issue and it was noted that public health worked locally to influence the content e.g. on bus stands.

RESOLVED that the report be noted.

6 Answer Alex Update - verbal update

Members were provided with an update on Answer Alex:

- there were lots of challenging issues, barriers , risks and vulnerabilities associated with this initiative. Legal advice had been needed throughout its development.

- there had been extensive consultation around the name of the initiative and the suitability of questions.

- the first question had been posted following the summer holidays - ' have you heard of Stockton Youth Assembly'. Other questions had been identified but the Youth Assembly had not wanted to 'bombard' young people at this stage.

- Answer Alex was linked to the Council's My View portal and all answers would

come via that route rather than social media.

Members discussed the information provided and noted the barriers and legal concerns related to the initiative.

It was explained that, following the pilot questions, an update would be provided.

RESOLVED that the update be noted and a further update be provided when the outcomes of the pilot are known

7 Annual Conversation/ Borough-wide Debate

Members considered a report that suggested that the Partnership's Annual Conversation and the Borough- wide debate be combined into one event, to be held in March 2017.

RESOLVED that the Annual Conversation be combined with the Borough wide debate.

8 Forward Plan

Members considered the Forward Plan.

RESOLVED that the Forward Plan be noted.